

Headteacher: Mr Ben Riggott

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BRI/SRU

January 2021

Dear Parents and Carers

Following the Government's announcement last night, you will no doubt be aware that we are now within a period of new National lockdown, which is set to last until February half term, then end of which being Friday 19 February 2021.

This means that most pupils will be expected to learn from home for the next six weeks. It is of vital importance that pupils fully engage with their learning from home during this time. My strong advice is that this starts now, building habits and daily routines that support an all-important sense of purpose, and provide structure, security, and a feeling of control. Over the coming days we expect to ensure that every pupil at Parkside has access to a suitable device to complete their learning from home to a high standard every day. If your child does not currently have a suitable device, please bear with us whilst we issue remaining devices this week. If this situation is not resolved by this Friday 8 January, please contact the school.

The Local Authority is continuing to provide for pupils entitled to free school meals. Parents can request a weekly food hamper **or** a daily packed lunch. These must be **collected** from our school site. To place an order and state your preference, please <u>respond to this form</u>, or telephone us at school if you are unable to do so.

Further information will follow over the coming days and weeks. We are in a much stronger position to support children and families over this coming period than we were during the previous full lockdown, given the benefit of our experience and learning over the course of the last year. As ever, please contact us at school if we can be of any help at this time.

Take care and best wishes

Ben Riggott Headteacher



Secondary Schools Ingredients List: One Week Food Box

Quantity	Food Items
1	Loaf of bread
6	Eggs
3	Fruit yoghurts
1	Packet of Dairy Lea cheese
1 tin	Baked beans
1 tin	Tuna chunks in brine
Various	Mixed fresh salad items:
	• 2 x tomatoes
	• 1 x cucumber
	 500g whole carrots
2	Baking potatoes
5 pieces	Fresh Fruit; bananas, apples, satsumas

Meal Suggestions

Monday	Cheese and Tomato Omelette with Cucumber Sticks
	Fruit Yoghurt with a Satsuma
Tuesday	Jacket Potato and Tuna with Cucumber and Carrot Batons
	Fresh Apple
Wednesday	Baked Beans on Toast with Cheese and Grated Carrot
	Fruit Yoghurt with a Banana
Thursday	Cheese and Tomato Sandwich with Cucumber Rounds
	Fruit Yoghurt with a Satsuma
Friday	Potato Wedges, Baked Beans and Scrambled Egg with Carrot Sticks
	Banana Toast

